

I claim:

1. A method for curing mild Multiple Sclerosis, memory impairment and Seasonal Affective Disorder which comprises:

a clinician desensitizing a patient to myelin and melatonin.

2. The method of claim 1 wherein the clinician desensitizes the patient to myelin and melatonin using an allergy desensitization technique.

3. A method for curing mild Multiple Sclerosis and memory impairment which comprises:

a clinician desensitizing a patient to myelin.

4. The method of claim 3 wherein the clinician desensitizes the patient to myelin using an allergy desensitization technique.

5. A method for curing SAD which comprises:

a clinician desensitizing a patient to melatonin.

6. The method of claim 5 wherein the clinician desensitizes the patient to melatonin using an allergy desensitization technique.